

It's fun to spend time at the Girls' House.

I get help with my homework at the Girls' House.

The most important thing at the House is that I get to be with my friends.



Turku Girls' House is part of Aurala Youth Association and is based on the Settlement movement's values. We receive funding from STEA (Funding Centre for Social Welfare and Health Organisations) and the city of Turku.

## Turku Girls' House in Varissuo



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You can be yourself at the Girls' House.

## General information

Turku Girls' House in Varissuo offers free leisure activities and services for girls and young women aged 10 to 16 and their mothers, taking gender diversity into account.

All the activities of the Girls' House are professionally instructed and trained volunteers take part in the activities.

The activities are planned together with the visitors.

We follow the principles for a safer space at the Girls' House so that everyone can feel comfortable and welcome.

## Forms of activity

### **Olkkari / Open house**

During open house you can come to the Girls' House to enjoy free time together with others. At the house you can, for example, play games, do crafts, eat snacks and get to know new people. We also offer help and support with your homework.

### **Groups**

We offer the opportunity to participate in different skills development groups.

### **Events and excursions**

We organize various events at the Girls' House and go on excursions.

### **Individual support**

We offer confidential individual support for issues bothering you, for example, in matters related to health and well-being. Please contact the instructors for an appointment.

## Support for girls, mothers and families

At the Girls' House in Varissuo, we work with girls, mothers and families.

The key here is to establish a confidential relationship with the girl and her family, for example, in the form of house visits.

We provide mothers with activities and opportunities to practice Finnish. We also offer them individual support in different situations.

You will find further information about schedules and activities on our website and social media. You can also call and email us. We are happy to answer any questions.