

## Turku Girls' House in the city centre

- For girls and young women aged 12 to 28, taking gender diversity into account.
- Variety of activities: skills development groups, open house, trips, events and individual support.
- Pop-in reception: sexual counselling
- Activities for young mothers
- Support for those who have endured sexual violence



Yliopistonkatu 26B, 2nd floor  
20100 Turku

## Turku Girls' House in Varissuo

- For girls aged 10 to 16 and their mothers, taking gender diversity into account, in Varissuo and the surrounding area.
- At the Girls' House and at nearby schools: open house, skills development groups, trips, events and individual support.



Katteluksenkatu 4  
20610 Turku

Turku Girls' House is part of Aurala Youth Association and is based on the Settlement movement's values. We receive funding from STEA (Funding Centre for Social Welfare and Health Organisations) and the city of Turku.

## In the city centre

### Director

Auli Hirvensalo-Mattila 045 128 9800

### Support for those who have endured sexual violence

Pauliina Laine 050 4399883

### Instructors

Kaisa Kilpeläinen 050 566 4079

Johanna Lindroos 045 128 9808

## In Varissuo

### Instructors

Kaisa Valo 050 339 3323

Viivi Kääriä 050 412 6934

Minna Eloranta 050 464 2027

Minna Goman 045 128 9802

Milla Syväjärvi 050 566 3698

Emails: [firstname.lastname@mimmi.fi](mailto:firstname.lastname@mimmi.fi)



[www.mimmi.fi](http://www.mimmi.fi)

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[info@mimmi.fi](mailto:info@mimmi.fi)

[www.mimmi.fi](http://www.mimmi.fi)

## General information

Turku Girls' House offers free leisure activities and services for girls and young women, taking gender diversity into account.

Maintaining an open, confidential, diversity-embracing and safe environment is important to us. You can always be yourself at Turku Girls' House.

Turku Girls' House was founded in 2007. The Girls' House has two locations in Turku: one in the city centre (Keskusta) and another in Varissuo.

## Our goals

- To offer a safe leisure space.
- To support the growth and the inclusion of girls and young women and help them to become who they want to be.
- To increase dialogue between people from different cultures.
- To develop a gender sensitive and culturally sensitive working method.



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## Forms of activity

### Community-based activities

Turku Girls' House offers a variety of community-based activities. You can spend time, try new things and meet new people at the Girls' House. We also offer the opportunity to participate in various skills development groups, events and excursions.

### Individual support

Turku Girls' House offers confidential individual support for changing life situations and issues bothering you. You can contact our instructors and make an appointment.

We work closely with entities supporting different areas of girls and young women's lives.

The most important thing is that you can be yourself at the Girls' House.

I found my way to the Girls' House because I wanted to make new friends.

I've been getting help to strengthen my self-esteem at the Girls' House.

## Our approach

Activities of the Girls' House are gender and culturally sensitive.

Gender sensitivity means meeting and accepting people as they are and dismantling and expanding gendered behavioural patterns.

Cultural sensitivity is about acknowledging the specific features of different cultures and encouraging to meet people as individuals rather than as representatives of a particular culture.

We are present, listen to and follow the principles for a safer space in our activities, so that everyone can feel comfortable and welcome.

All the activities of the Girls' House are professionally instructed and trained volunteers take part in the activities.